



## CME Survey 2010

(N=132)

### 1. Please select the Top 7 areas of greatest interest to you for Annual Meeting topics.

#### Top 10

1. Behavioral Pediatrics
2. Infectious Disease
3. Orthopedics
4. Obesity
5. Adolescent Health
6. Dermatology
7. Developmental Pediatrics
8. Allergy/Immunology
9. Coding
10. Endocrinology

### 2. Do you have specific topics to suggest from your top three topics?

#### Adolescent

- Counseling teens who already smoke and/or drink and use drugs. How to help them quit.
- preventing and intervening in adolescent substance abuse

#### Asthma/Allergy/Immunology

- Reliability of rast test and when should we use in general peds setting.
- initial workup of suspected immune disorder by general pediatrician
- asthma update
- Outpatient management of asthma and allergies.
- Recommendations for clinical guidelines for asthma

#### Behavioral

- ADD
- ADHD
- How to discipline toddler without corporal punishment and a comparison between different discipline styles.
- Tics and habits - when to suspect and what to do
- ADHD and new diagnostic and medications
- Update on autism x 2
- early identification of autism
- behavior today in adolescent world
- Recent advances in dx and Tx of ADHD
- Learning disabilities - management and resources
- Biologic aspects of autistic spectrum disorders.
- Discipline at all ages
- Pharmaco management of common psychiatric disorders

#### Cardiology

- cardiology exam
- Top 3 referral diagnoses to pediatric cardiology - best practices

- need for EKG with ADHD meds.
- sudden cardiac death with sports

### **Dermatology**

- common dermatological diseases associated with systemic disease
- atopic dermatitis
- Dermatology-rashes in children
- New advances in dermatology
- rashes

### **Developmental Pediatrics**

- Developmental screening and surveillance in general pediatric practice
- developmental approaches to treating autism
- developmental screening and when to refer for therapies and evaluations
- intoeing- common genetics diseases and when to test vs. refer
- Newest treatments for cerebral palsy
- Resources for children with special needs
- what is the state of the art for CP from PM&R -- baclofen, others

### **Endocrine**

- Endocrine: What studies are suitable work up of common endocrine problems in children and when to refer?
- Recommendations for clinical guidelines for Dka

### **Gastro**

- Too much PPI use in GERD
- GERD management

### **Genetics**

- use of microarray in evaluating autism
- Fragile X syndrome
- genetic advances for autism

### **GYN**

- Adolescent GYN
- Appropriate use of oral contraceptives. When to refer to gynecology.
- contraception
- dysfunctional uterine bleeding
- PCOS & PCOS management

### **Human Resources**

- Employee benefit negotiation
- Employee Recruitment

### **Infectious disease**

- updates for the general pediatrician
- HIV/AIDS
- Role of Pediatricians in pandemic times

### **Mental Health**

- Depression
- pharmaco treatment of anxiety and depression
- update on the new antiepileptics
- explosive behavior syndrome

## **Nutrition**

- food allergies
- Failure to thrive, picky eaters- what to feed those children
- hematuria/proteinuria in children
- Anemia's (sickle cell/Thalassemias)
- milk protein allergy
- new information on vitamin and micronutrient deficiencies -- behavioral and other consequences

## **Obesity**

- Obesity - management/referrals – options
- Obesity and use of multispecialty providers (e.g. nutritionist) and especially community resources
- Obesity dietary and other options treatments, behavior modification, & role of surgery
- Obesity- screening, weight loss management etc
- medical workup for obesity and short stature
- weight loss medications

## **Practice Management**

- Billing/coding x 2
- Coding for Pediatric Hematology/Oncology
- EMR Selection the good and bad
- Practice management
- How to really do preventive care and make the practice a real Medical home while not going broke.
- New HR laws
- Payment for Office evaluations of neurological problems; Coding; admit from office (or ER) and see next day in hospital; admit to obs, see again next day, see 3rd time (day) to discharge; getting paid for LPs on patients admitted
- running a private practice
- RAC audit results and pearls for GA, etc
- Practice Management Pearls - "If I could do that over again" - learn from someone else's mistakes.
- Financial well being in an era of declining reimbursement and increasing pt demands

## **Sleep**

- Insomnia, all age groups from infants to teens
- approaches to fractured sleep
- Obstructive Sleep Apnea

## **Sports Med & Ortho**

- sports physicals
- Prevention of sports injuries
- How to be a team physician
- Injury management and evaluation - sprains, twists, and turns
- Surgical and orthopedic urgent problems likely to be encountered by the private pediatrician.
- sports injuries discussed by sport (most common injury in baseball, soccer, football, ...etc)

## **Other/Miscellaneous**

- 10 top articles
- top ER episodes to be handled in office setting
- Accountable Care Organizations - What are they and what can we expect.
- MOC for dummies - what to do, step by step, depending when your certificate expires.

- All from a general pediatrician's standpoint - how much workup does the typical specialist want before we send the patients to them - and how much do they want to do themselves.
- Caring for the near term infant
- bleeding disorders
- Complementary and alternative medicine
- Emphasis on clinical presentation of patients having diseases in Dev, Neuro, Nephral, Genentics, Endo, Rheuma, and Opthmal
- Discuss injury management and poisonings?
- evaluation of persistent cough
- evaluation of recurrent pains: head, chest, abdominal
- eye screening exams in primary care
- I would like to hear about Medicaid guidelines - what we should be doing at each health check, what meds are on formulary for the different plans, what are the rules for getting a medication approved.
- New conditions to be found by screening---whether one should screen if currently there is no cure/remediation.
- neurology- managing headaches in children, when to refer
- Pain Management
- PARENTING EDUCATION AND CHILD CARE WORKER EDUCATION REGARDING EMPHASIS ON THE EDUCATIONAL "5 R's"
- Breastfeeding education and support
- Pediatric Palliative Care
- Recommendations for clinical guidelines for head trauma in a community setting
- tracheomalacia/laryngomalacia in the newborn and infant
- symposium on the new healthcare legislation once it is finalized
- Top 5 reasons & Tx for consult requests
- update on common ambulatory bacterial illnesses -- what are the best empirics
- When to treat or not treat otitis media
- The ABC of pain management in Sickle cell anemia.