



SUMMER 2004 OPEN WORKSHOPS – GRIEF SUPPORT

Peer Contact Training: This 4-hr session is designed to provide up-to-date information and statistics as well as skills practice for parents who have survived the experience of an infant death and are ready to help newly bereaved families. Topics include SIDS and infant death statistics, grief and bereavement, and peer contact principles and skills practice.

Volunteer Training: This 1 ½ hr session provides practice for volunteers in giving an overview of SIDS risk reduction. Participants observe and learn how to deliver an educational program using a specially designed flip chart. Training for specific professional groups you work with can be included by request, following this session.

Grief♥Recovery® Seminar: This 90-min to 2 hr session overviews the principles of grief recovery as defined by the Grief Recovery Handbook (written by James & Friedman; released by Harper Collins in 1998). Myths regarding grief are explored and a new approach to completing unfinished communication is defined. This overview session is intended to provide enough information for participants to decide whether or not to attend the 10-week outreach session.

Infant Grief Support Group: This is a support group for parents or caregivers affected by the death of an infant. The monthly 60-90 minute meetings are facilitated by a SIDS parent. Agendas include General Share sessions as well as specific topics. Call the office for agendas and directions to Roswell United Methodist Church. There is no fee.

Grief♥Recovery® Outreach Program: This is a 10-week program creates a safe environment in which to look at old beliefs about dealing with loss, to look at our personal losses and to take new actions to complete the pain attached to a loss. For the safety and success of all participants, commitment and attendance are essential. The fee for this program is \$100. Scholarships may be available.

WORKSHOP SCHEDULE

Saturday, June 19, 2004 2-3:30 PM	Volunteer Training Northlake Offices – Tucker, GA
Saturday June 19, 2004 2-6 PM	Peer Contact Training Northlake Offices, Tucker, GA
Tuesday, July 20, 2004 10-11:30 AM	Volunteer Training Alpharetta, GA
Tuesday, July 20, 2004 10AM – 2 PM	Peer Contact Training Alpharetta, GA
Wednesday, July 21, 2004 1:30 – 3 PM	Volunteer Training Houston Medical Center – Warner Robbins, GA
Tuesday, August 17, 2004 10 AM – 11:30 AM	SIDS Support Group Roswell United Methodist Church – Roswell, GA
Tuesday, August 31, 2004 10 AM – 11:30 AM	Grief ♥Recovery® Seminar Northlake Offices – Tucker, GA
Dates & Times* (fee is involved) To Be Determined	Grief ♥Recovery® Outreach Program Sessions Northlake Offices – Tucker, GA

Call 678-342-3360 to register.