

Blast Communication

Georgia WIC Formula Update: USDA Food Package Final Rule

Georgia WIC will be implementing mandatory changes to its food package beginning August 2014. The following August changes are most pertinent to pediatric practices:

- **New Low-fat Milk Campaign-** 1% and fat free milk will become the new standard for milk issued to children 2 years of age and older and women enrolled in WIC. WIC participants will receive education on the nutritional benefits of low-fat milk and how this fits into a healthy lifestyle.

If a child is diagnosed underweight or Failure to Thrive, and is receiving a special formula, they can be eligible to receive full fat whole milk if prescribed and noted on Medical Documentation Form 1.

- **Medical Documentation Form 2 becomes Referral Form ONLY-** This form will no longer be required to issue soy milk and tofu to children age 1 and older. WIC Participants can request these items if desired without medical documentation. Form 2 will be used solely for referrals to the program.
- **Updated Medical Documentation Form 1-** Minor updates have been made to this form with the main revision intended to simplify the process of selecting/restricting supplemental foods for patients.
- **Updated forms are available and can be found at:**
<http://dph.georgia.gov/wic-formula-resources>

If you have any questions or comments regarding the information provided please contact Kyliya Crane, RD, LD the Chapter's Nutrition Coordinator at kcrane@gaaap.org or call 404-881-5093.