



Georgia Chapter
American Academy of Pediatrics
*Georgia's leading voice for children and the
pediatricians & subspecialists who care for them.*



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Blast Communication

(The important information below has been shared with us by the Georgia High School Association)

GHSA Adopts Usage of Pre-Participation Form (5th Edition-2019).

Will No longer accept old forms for sports participation.

The Georgia High School Association (GHSA) adopted the 2019 5th edition version of the Pre-Participation Physical Evaluation, created by the American Academy of Pediatrics and five other associations including the American College of Sports Medicine and endorsed by the National Athletic Trainers Association.

The 2019 edition replaces all previous editions in use including the most recent 2010 edition currently in use. The new version has added mental health questions and includes valuable questions about cardiac health and orthopedic screenings.

This GHSA pre-participation exam form is the only one that will be allowed for the student's exam (no other formats will be accepted).

We recognize that there will be a delay in getting past editions removed from the school website as well as all individual sports webpages. GHSA is communicating with all members schools as well as district or county Athletic Directors. We are sending this same message to the Georgia Athletic Trainers Association (GATA) and the Georgia Association of School Nurses (GASN). We ask that each school communicate with middle schools, team physicians and local healthcare facilities.

We recognize this is going to take time to get rid of old editions. We encourage the changeover to start immediately. However, because there may be 2010 versions already in circulation, those will be accepted through the end of 2019. Then, starting January 1 2020, only the 2019 version will be accepted.

[Preparticipation Physical History and Evaluation Form](#)

[Preparticipation Physical History and Evaluation Form \(Spanish\)](#)

[Preparticipation Physical History Supplement - Athletes with Disabilities](#)

Reference from the Georgia High School Association Constitution & By-Laws

Page 15 states:

1.40 LIMITS OF PARTICIPATION

1.41 Students must have a certificate of an annual physical examination on file at the school prior to participating in any athletic try-outs, practices, voluntary workouts or games that indicate the students are physically approved for participation.

(a) Physical examinations will be good for twelve (12) months from the date of the exam. EXCEPTION: Any physical examination taken on or after April 1 in the preceding year will be accepted for the entire next GHSA school year.

(b) The physical exam must be conducted by a licensed medical physician, doctor of Osteopathic medicine, nurse practitioner or a physician's assistant.

(c) The exam must be signed by an M.D., D.O., or by a Physician's Assistant, or an Advance Practice Nurse who has been delegated that task by an M.D., or D.O.

(d) The GHSA requires that member schools use the latest edition of the preparticipation physical evaluation form approved by the American Academy of Pediatrics, et. al., found on the GHSA web site.

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Chair, Committee on Sports Medicine

For questions or concerns regarding this blast email, please contact the Chapter's Nutrition Coordinator, Kyla Crane, RDN, LD at (404) 881-5093 or kcrane@gaaap.org

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