



Georgia Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Quick Reference to Issuing Breast Pumps

Breast Pump Issuance Guidelines:

Breast Pump issuance must be provided only by WIC authorized personnel trained on breast pump competency. Staff must determine which pump best fits the participants' need. After issuance, staff must complete an initial follow-up by contacting participants within one to five business days. When breast pump usage is not going well, staff must refer participants to a Designated Breastfeeding Expert (DBE) for additional support and guidance. See Policy *BF-1260.06 Breast Pump Issuance* for further details.

Note: Multi-user Breast Pumps are loaned free of charge.

Type of Pump / Criteria for Issuing Breast Pumps

Manual Pump: This pump is for participants who

- Will have a short-term separation from their baby.
- · Are looking for work.
- Are working or going to school less than 10 hours a week.
- Have limited access to electricity when pumping.
- Requests a pump due to engorgement and referred to the DBE.

Multi-user Breast Pump: This pump is for participants who

- Have a premature or medically fragile infant currently unable to feed at the breast.
- Are unable to feed at the breast due to their own medical issues.
- Are having problems breastfeeding and must use pump to provide breast milk.
- Have multiples and need to increase milk production.
- Unsure of participant's long term commitment to breastfeeding and will be separated from her infant a significant part of the day.

Personal Double Breast Pump (PDP): This pump is for participants who

Plan to breastfeed exclusively for at least four (4) to six (6) months, will not be expecting formula from WIC **and** one of the following:

- Works or goes to school more than 10 hours per week.
- Plans to return to work within the next two (2) weeks
- Have exclusively breastfed an infant for at least four (4) weeks.

Pump Issuance: All Pumps

- Assess the individual needs of the participant and select the appropriate pump for her situation.
- Demonstrate Hand Expression.
- Demonstrate the assembly and use of the pump, as well as milk collection kit
- Provide instructions for cleaning.
- Allow participant to repeat and demonstrate what they understand.
- Discuss human milk storage guidelines
- Complete appropriate form and tracking guidance within policy BF-1260.06 Breast Pump Issuance.

Follow Up After Issuance: All Pumps

- Contact participants issued breast pumps within one (1) to five (5) business days of pump issuance, to ensure pump usage is going well.
- ✓ Document follow-up on the appropriate form or within the breast pump tracking inventory system.
- ✓ Refer participants who need additional help to the DBE.
- ✓ Follow-up with the participant monthly to determine that the multi-user breast pump is still needed.
- ✓ Document the:
 - Continued use of the pump within the breast pump inventory tracking system.
 - Need to return the pump in the participant's medical file.

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